



U.S. Department of Health and Human Services

NIH News

National Institutes of Health

For Immediate Release

Contact: Walt Mitton
(301) 496-3931 (o)
(301) 594-2592 (fax)
mittonw@mail.nih.gov

The National Institutes of Health Launches Health and Fitness Craze in Wheaton

**Sixth Annual Premier Health and Fitness Expo Features Free Fitness Activities,
Interactive Health Exhibits and Workshops, Health Screenings, Mini-Lab Sessions, Games,
Prizes and More**

30-Second Spot

BETHESDA, Md.—Catch the health and fitness craze with the National Institutes of Health on Sunday, May 15th, from 11 a.m. to 3:00 p.m. for a day of FREE family fun in Wheaton, Maryland. Ask NIH experts your questions on topics such as nutrition, diabetes and bone health. Have your blood pressure checked. Climb a 30 foot rock climbing wall. Participate in health screenings, hands-on lab experiments, interactive exhibits and more. Call 301-496-3931 or on the Web visit sharethehealth.od.nih.gov.

15-Second Spot

BETHESDA, Md.—Join the National Institutes of Health on Sunday, May 15th, from 11 a.m. to 3:00 p.m. for a day of FREE health and fitness fun in Wheaton, Maryland. Interactive seminars, sports clinics, health screenings, exhibits and more are featured. Call 301-650-8660.