

**FOR IMMEDIATE RELEASE**

Monday, February 7, 2005

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**National Institutes of Health  
Holds Premier Health and Fitness Expo,  
“Share the Health”,  
Sunday, May 15, 2005**

- What:** *Share the Health: NIH's Premier Health and Fitness Expo*  
The National Institutes of Health (NIH) will hold its sixth annual FREE health and fitness exposition, *Share the Health*. Participate in exciting science activities for the whole family; collect a wealth of free health information, giveaways and prizes; participate in physical fitness activities; surf health-based Web sites; visit one or several FREE health screening booths and enjoy many more fun health- and fitness-based activities.
- When:** **Sunday, May 15, 2005**  
11 a.m. to 3:00 p.m.
- Where:** Westfield Shoppingtown Wheaton\*, 11160 Veirs Mill Road, Wheaton, MD, 20902
- Who:** The NIH Office of Community Liaison is sponsoring this FREE event.
- Why:** NIH researchers, scientists and physicians are devoted to improving the health and wellness of our nation. NIH, the nation's premier biomedical research institute, wants to reach out to the nation, one community at a time. By reaching out to our neighboring community, *Share the Health* allows people of all ages to learn, experience and discover new ways to maintain or improve their overall health and level of fitness in fun and interactive ways. It's a great way to involve the whole family.
- Contact:** For more information, call Walter Mitton or Amy Blackburn at the NIH Office of Community Liaison at 301-496-3931 (TTY users should call the Federal Relay Service at 1-800-877-8339), send an e-mail to [mittonw@mail.nih.gov](mailto:mittonw@mail.nih.gov) or visit our Web site at <http://sharethehealth.od.nih.gov>.

*\*Individuals who require reasonable accommodations to participate in this event should contact Walter Mitton via one of the methods listed above no later than April 1, 2005.*

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